



## **St Andrew's Club Covid-19 Agreement for Gym members As at 25 September 2020**

St Andrew's Club asks Gym members to sign their agreement to the following terms:

1. agree to an induction by St Andrew's Club staff to the new layouts at first session.
2. agree that they have read St Andrew's Club Risk Assessment.
3. agree to be temperature tested\* on entry. Anyone with a temperature above normal must not be admitted. If any Gym member shows symptoms of COVID-19 they will be asked to go home immediately, self-isolate and book a test by visiting [www.nhs.uk/coronavirus](http://www.nhs.uk/coronavirus) or calling 119. If the result is positive, the Gym member should agree to obtain and follow advice from NHS.
4. agree to confirm that they and members of their household have not been required/advised to self-isolate by the NHS (including Test and Trace).
5. agree to, where possible, scan the QR code when they arrive, using the NHS COVID-19 app. This is to help trace and stop the spread of coronavirus (COVID-19)'.
6. agree to watch the specially made video outlining Covid-19 prevention measures at the Club: <https://youtu.be/6WedDnkpUzc>
7. agree that only the Gym member may enter the building – no friends/ family not participating in the class will be allowed inside to wait.
8. agree to attend sessions in the Gym only during the advertised hours open to Gym members.
9. agree to pre-book for each 50-minute booking slot with the Club. Some of these slots will also be shared with PTs and their clients and in total must not exceed the agreed maximum advised for each slot to allow compliance with current government guidance (currently 2m).
10. agree to accept responsibility to ensure that Government guidance in social distancing is observed.
11. agree to take responsibility for distancing/ hygiene and cleaning protocols before/ after and within your sessions/ in the toilets, using the cleaning materials provided by the Club.
12. agree to the protocols of:
  - following the one-way system in the Gym.
  - keeping to one side of the staircase, which is not wide enough to social distance, but poses a low risk.
  - visit the toilet one at a time and wait on the marked out waiting area outside the Changing Rooms until it is free.
  - coming ready dressed in sports kit where possible. Use of the Changing Rooms is limited to 3 people max at any one time. No showers allowed at any time.
  - using the drinking fountain in the basement to fill bottles only, not for direct drinking. Hands should be sanitised before and after use from the hand sanitiser station next to the drinking fountain.
13. agree to turn off the air conditioning and close the fire doors in both Gym and Studio if you are the last person leaving the session to ensure fire safety compliance, cleaning hands and surface after.
14. agree to play no loud music, as per the Government guidelines.
15. agree to have no access to the Studio, Kitchen, Social Area, first floor Sports Hall or Theatre at any time.



- 16. agree to pay annual membership fee by Bank Transfer where possible. No cash will be accepted.
- 17. agree that the use of the Gym space at St Andrew's Club is at my own risk, that I am responsible for my own health and safety, and that although St Andrew's Youth Club will ensure that (a) it will clean the buildings in accordance with the protocol and (b) all users of the buildings give the same undertaking, St Andrew's Club cannot guarantee that the cleaning will be effective and it accepts no responsibility for any failure of the cleaning to prevent transmission of the Coronavirus.

Signed by Gym Member: .....

Name (printed): .....

Date: .....