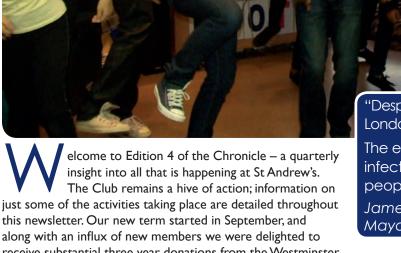
# ST ANDREW'S, THE WORLD'S OLDEST YOUTH CLUB

Edition 4, Autumn 2010



along with an influx of new members we were delighted to receive substantial three year donations from the Westminster Foundation and the Henry Smith Charity. St Andrew's relies on charitable donations to run its pivotal services and we are hugely grateful for all the support we receive.

### FUN IN THE SUMMER SUN

Summer saw a great deal of activity at St Andrew's – we were able to open throughout the holidays thanks to a grant from the Welton Foundation – and welcomed an average of 50 young people every day. Activities were varied and exciting from hair and beauty workshops to



"Despite being one of the oldest youth clubs in London, St Andrew's are clearly forward-thinking. The enthusiasm of the staff and volunteers is infectious, and their passion for helping young people is clearly making a real difference." James Cleverly, Youth Ambassador to the Mayor of London

games competitions, yoga to football workshops with Chelsea FC and a DJ area opened daily for members to practise their skills and entertain their peers. A highly subsidised lunch was available every day, manned by older members who worked to earn some holiday spending money. In addition to activities at the Club we offered two trips a week to venues including Longleat, Go-Karting and Thorpe Park. Other events included an early summer activity weekend at Stubbers Adventure Centre, and a group of junior club members attending the world premiere of Fantastic Mr Fox- the opera, thanks to the generous staff at Gordon Dadds solicitors. The summer project culminated in a trip to Germany, details of which are overleaf.

### YOUTH FORUM "The youth forum is a great opportunity for kids to put their views across." **Morgan**, **15**

A number of St Andrew's members have joined the South Westminster Youth Forum – a group established by Westminster Council's youth service to encourage local young people's participation in the community and to help the Council and other public bodies plan and deliver their services. These meetings are providing an excellent experience for our members to build their confidence and debating skills, and feedback from officials who have met with them has been incredibly positive. A video of the inaugural meeting can be seen at www.youtube.com (search 'youth forum launch').

### A GERMAN ADVENTURE

"The Germany trip was a great experience which I thoroughly enjoyed. It was my first trip to the country and offered the opportunity to experience it with friends." **Jack**, **17** 

Nine Club members who have made a significant impact on Club life during the year – by volunteering, working in junior club or going above and beyond the call of duty – were treated to a fantastic trip to Germany in August. The holiday was organised by a generous donor who also kindly hosted the group in her home. Participants spent time horse riding, playing golf, visiting a theme park and historic German towns, as well as enjoying leisure time in our private pool! Minds were expanded by all that was experienced and everyone was captivated by our beautiful surroundings and the wonderful hospitality shown to us – it was safe to say no one wanted the holiday to end!







### FITNESS FRENZY

We have increased our nightly fitness provision at the Club. Not only have we taken hold of a number of professional gym machines, allowing us to create a cardiovascular suite, we have added a number of new activities to our curriculum. The Club now offers circuit training, personal training sessions, boxing and boxercise classes in addition to our established programme of football, archery, karate, dance and weight training. With all of this on offer members really have no excuse not to keep fit!

### DAYTIME PROVISION

We are unfortunately noticing a rise in unemployment levels amongst older members and Club alumni. In an attempt to counteract the frustrations felt by those that have either been made redundant or are struggling to find work for the first time we have increased our daytime provision. For a flat fee of £5 people can now have use of our weight room facilities and computer suite between the hours of 9-5 Monday to Friday, and staff are on hand to assist with job searches, references and the preparation and printing of CVs and applications forms.

### CHRISTMAS SALE

Mencia Scott will be at home on 25th November hosting a Christmas Sale, with a percentage of all takings being donated to St Andrew's. Items on sale will include beautiful jewellery and watches, decorative items for the home and stocking fillers. There promises to be lots on offer to suit every budget so we hope you will be able to join us for a glass of fizz and a pleasant alternative to searching the High Street for your Christmas presents. For further information please contact the St Andrew's Office on 020 7222 6481.

# THE NEXT BANKSY?

"Graffiti art helps my imagination run wild." **Charlotte,15** 

A positive outcome from the Sonic Saints urban arts training which took place at St Andrew's last year can be seen at the Club on Wednesday evenings. Charlotte is a fifteen year old girl who excelled in the original course and successfully completed the 'train the trainer' module. She is now teaching graffiti art to a group of enthusiastic and creative young people during a two hour midweek session. The graffiti art class is extremely popular, with members creating designs on canvas and clothing – allowing a freedom of expression whilst teaching responsible paint spraying!

## A MARATHON ACHIEVEMENT

Huge congratulations to Ed Andrewes and Tony Sweeney who recently completed the Berlin Marathon and raised a phenomenal £23,500 for St Andrew's. We are thrilled with this donation and will make sure we put their hard earned funds to good use!

We are delighted with all that we have achieved in the Club recently, and the articles in this newsletter highlight just some of the range of activities in which St Andrew's members are involved. None of this work would be possible without the kind support of our many donors and we would like to take this opportunity to thank all of our supporters longstanding and new, If you would like to add your name to our list of benefactors – to join our Circle of Friends – then we would love to hear from you. There are many ways in which you can help St Andrew's continue to cater for the needs of its 700 members and our Development Manager Naomi Roper would be delighted to talk to you about them – naomi@standrewsclub.com / 020 7222 6481