

THE CHRONICLE

WELCOME FROM OUR CHAIR

The past few months at St Andrew's have been truly exciting, with a packed Easter programme, an outdoor adventure residential, and a special visit from HRH The Duke of Edinburgh. We were honoured to welcome The Duke back to St Andrew's for a second time, as he highlighted the importance of safe youth spaces like ours. His visit was a memorable experience for both young people and Youth Workers, creating treasured moments that will be remembered for years to come.

We hope you enjoy reading all about this and much more in the latest edition of the Chronicle!



EASTER AT THE ANDREW'S

EGGCEPTIONAL EASTER

Young people at the Club enjoyed an Eggceptional Easter programme, jam packed with creative, sports and well-being activities.

The two-week programme helped young people to learn new skills, stay active and make friends during the holidays. They were supported by the Club's outstanding team of Youth Workers, who provided children with mentorship, support and friendship.

This Easter children at St Andrew's were:

Active – Enjoying roller skating at St James' park, taking part in boxing, football, dodge ball and games at the Club's gym.

Independent – Learning to cook as part of our Master Chef and Bake-Off cookery classes and learning to make pancakes.

Creative – Enjoying graffiti workshops, creating their own comic strips, making candles, practicing henna and customising Easter crafts.

Happy – Spending time at a picnic with their friends in the park, taking part in trips to the cinema and Oxygen indoor trampoline park and enjoying a quiz night at the Club.

Of course, no Easter would be complete without an Easter egg hunt and young people loved taking on the challenge to find chocolate treats around the Club. A massive thank you to Boeing and Jupiter Asset management who generously donated eggs to the Club, over 80 children and young people received an Easter egg!

"Thank you so much to St Andrew's team and all the staff my child had a wonderful, amazing time" – Parent

"My children don't know how lucky they are to have St Andrew's" – Parent

A special thank you to Westminster City Council, Mayor's Fund for London (MFL) Kitchen Social Programme and Feeding Britain whose outstanding support of the Club make holidays at St Andrew's possible.



Special thanks to
Jupiter Asset Management
for covering design and printing costs.
www.jupiteram.com

A ROYAL VISIT

HRH THE DUKE OF EDINBURGH RETURNS TO ST ANDREW'S

On 12th May, St Andrew's was honoured to welcome HRH The Duke of Edinburgh, for a second visit to the Club. The Duke of Edinburgh is the Patron of London Youth. We are very grateful to them for arranging the Duke's visit and for their ongoing support of the Club, which is one of its 600 members.

The Duke's visit coincided with Mental Health Awareness Week. It was a wonderful opportunity to highlight the Club's commitment to promoting positive mental health and the importance of young people having a safe space to access activities that support their overall well-being.

During his visit, The Duke joined in with the Club's activities: he picked up a controller for a quick game of PlayStation, got stuck into baking in the kitchen as part of the weekly 'Bake and Share', sat down for some mindful colouring and essential oil mixing and met members of the Club's football teams.

The Duke went on to visit the Club's new Sensory and Well-Being room, where he met George, a Specialist Mental Health Youth Worker, commissioned via Mental Health Charity MIND and based at the Club once a week. George shared his experience of supporting young people at the Club with activities that promote positive mental health such as group well-being workshops and interpersonal therapy.

Throughout his visit, The Duke spoke with young people and Youth Workers who were excited to meet him, enthusiastically speaking about their journey at St Andrew's and what the Club means to them.

Following the tour of the Club, The Duke joined a drinks reception with guests from London Youth. St Andrew's CEO Sarah Nicholls spoke about the vital role the Club plays in supporting young people to understand the importance of maintaining positive mental health:

"A sense of belonging is not just beneficial—it's essential. Feeling connected to a community has profound effects on mental health. It gives young people a sense of identity, reduces isolation, and builds resilience. It fosters hope, strengthens emotional well-being, and provides the stability needed to navigate life's challenges. Through youth work, we are not just helping individuals—we are strengthening the fabric of society" – Sarah Nicholls, CEO

Thank you to The Duke of Edinburgh for choosing to visit St Andrew's. For our young members and Youth Workers the opportunity to meet His Royal Highness is a huge honour that will have created treasured memories.



CLUB LIFE

RESIDENTIAL ADVENTURE

As part of the Easter holiday programme, St Andrew's took 30 young people on a four day residential to YHA Edale Activity Centre, in the Peak District. Where young people enjoyed a range of once-in-a-lifetime adventures, exploring the beautiful Hope Valley, learning new skills and creating treasured memories.

As part of an action-packed residential, children enjoyed amazing activities such as night hiking, orienteering, archery, caving and abseiling all while spending time with their friends. Experiences like this push young people out of their comfort zone, helping them become more confident and independent. It teaches teamwork and communication skills while encouraging children to challenge themselves.

"The trip was a lovely experience, and I was able to express my feelings in a wide group setting."

"My favourite part was the abseiling 1000% it was so fun I went THREE TIMES!"

A massive thank you to our friends at YHA for hosting us.



ELECTRIC BIKE PROJECT

Young people at the Club have been learning basic engineering skills as part of an electric bike engineering project. With the help of regular volunteer Roy, a Royal Navy engineer, children at the Club have been learning general bike maintenance such as tyre changing and fixing breaks and how to convert normal pedal bikes into battery-powered E bikes.

The workshop has also emphasised the importance of cycling and road safety, helping young people stay safe and vigilant when on their bikes. Club Manager Adrian says: *"We are pleased with the positive impact our E-bike project has had on young people, it has provided them with essential new life skills."*

A massive thank you to our friends at Society of Motor Manufacturers and Traders (SMMT) for supporting the project.



COOKERY WITH LOUISE

"Hi, I'm Louise, a Youth Worker at St Andrew's and I deliver the weekly cooking classes at the Club. Every Wednesday young people join me in the kitchen to learn essential cooking skills."

Learning to cook is about so much more than just preparing food – it's a life skill that builds confidence, independence and creativity. When young people learn to cook, they gain a better understanding of nutrition, make healthier food choices and develop respect for where their food comes from."

Cooking encourages teamwork, patience and problem solving, all essential life skills. Young people learn to follow instructions, manage time and take pride in their achievements. It gives them a sense of responsibility and joy in creating something from scratch."

At the Club, I see how cooking brings young people together. It's a way to connect, share cultures and build friendships over shared recipes."

The most rewarding part of cookery sessions is seeing the young people grow in confidence and pride as they create something with their own hands. Watching young people work together and overcome challenges in the kitchen is incredibly fulfilling."

There's a special moment when a young person tastes something they've made, often for the first time, and you see that spark of joy and achievement. It's not about cooking, it's about helping them believe in themselves, learn life skills and feel a sense of belonging and accomplishment."

Thank you to Guyll-Leng Charitable Trust for funding our weekly cooking sessions.



HOW TO SUPPORT ST ANDREW'S

DOUBLE YOUR DONATION IN JUNE

St Andrew's will once again be taking part in a Summer Matched Giving Challenge. For two weeks, from 3 - 17 of June all donations made via the Big Give website will be matched. For every £10 donated St Andrew's will receive £20.

All the money raised will go to support the Club's After School Programme, enriching young lives throughout the academic year.

We are hoping to raise £22,000 from the Matched Giving Challenge and would love your support. If you would like to donate, please Scan the QR code or visit our [Big Give page](#) between 3-17 June. For more information email trish@standrewsclub.com



TAKE ON THE CHALLENGE

You can help make a real difference by taking part in one of our fundraising challenges. There's a wide range of exciting events to choose from. Whether it's a half marathon, cycling adventure, Tough Mudder, or 10k run, there's a challenge to suit your fitness level. Check out the events we have coming up and contact max@standrewsclub to sign up or learn more.

Fundraise For **ST ANDREW'S** In 2025

Battersea Park Half Marathon

20 July / 12 Oct / 15 Nov

West Sussex 100 Mile Cycle

10 July

Toughmudder

20 & 21 Sep, West Sussex

To sign up email

Max@standrewsclub.com

Scan QR Code For
More Info



HIRE OUR SPACE

Why not hire St Andrew's Club for your next team away day. Offering your team the chance to experience a youth club first hand and enjoy pool, table tennis, gaming and more.

To learn more about our spaces scan the QR code or visit: <https://www.standrewsclub.com/hire-space>



TESCO COMMUNITY SUPPORT

St Andrew's is delighted to announce that we have been awarded £1,500 by Tesco Community grants to support our work at the Club. Thank you so much to all our friends, neighbours and young people who visited Tesco's to vote for St Andrew's.



If you would like to nominate St Andrew's for a charitable donation, contact: trish@standrewsclub.com



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