

THE CHRONICLE

MESSAGE FROM OUR CLUB MANAGER

Welcome to the Spring edition of the St Andrew's Chronicle! I'm excited to share with you all the amazing accomplishments of our young people and staff. As the Club Manager, I feel privileged to see how our young people have been enthusiastically embracing new activities and challenges these past few months. Be it kayaking during our residential trip, cooking in our weekly workshops, or discussing well-being in our mental health workshops. St Andrew's provides a safe and nurturing space for young people to learn, grow, and flourish. We truly appreciate your support as we couldn't have come this far without you all!

- **Adrian, Club Manager**



EGG-CELLENT EASTER

St Andrew's continues to be the place for children to be over the holidays. Young people enjoyed an egg-cellent Easter holiday programme, over 145 children took part in lots of exciting opportunities, over the nine days. Young people enjoyed face painting, dodgeball, boxing, cooking, playing chess, and more! It was fantastic to see our members developing new skills and passions at the Club this Easter.

"At first I thought I wouldn't have anyone to talk to but the people here are friendly and there is a good community. I had a lot of fun coming here to enjoy the holidays".

Of course, it would not be Easter at the Andrew's without our annual Easter Egg hunt. Young people were delighted to enjoy delicious chocolate treats. A massive thank you to Boeing, Jupiter Asset Management, and Bannatyne Health Club Millbank, who generously donated lots of Easter eggs to the Club for young people to enjoy.

*"My time at St Andrew's has been an amazing experience. I've played loads of games and I have made friends with new people. Also, the staff has been really welcoming and positive and they are doing a great job looking after us". **Leo***

A special thank you to Westminster City Council and the Young Westminster Foundation, whose outstanding support make our Holiday Projects possible.



RESIDENTIAL ADVENTURE

During the Easter Programme, the Club treated 31 young people to an exciting five-day residential trip to St Briavels Castle in Gloucestershire, in partnership with the Youth Hostel Association (YHA). This beautiful and historically rich location provided young people with the perfect opportunity to push beyond their comfort zone, become more independent and enjoy a unique exciting adventure with their friends.

Residential trips have become a huge part of St Andrew's programme and for the young people that attend they are always a highlight of the year. The trip to St Briavels Castle provided a wealth of unforgettable experiences for young people to treasure, including raft-building, fencing, kayaking and much more.

*"Thank you for the experience of staying in a medieval castle. I learnt so many lessons and skills... I learnt different knots when raft building and how to make bread. My favourite activities archery and a tour of the castle" - **Grace, Aged 11.***

A special thank you to the Youth Hostel Association (YHA) for giving young people this wonderful opportunity.



CLUB LIFE AND YOUNG PEOPLE'S ACHIEVEMENTS

CHESS CLUB RETURNS

In March, Chess Club returned to St Andrew's on a Wednesday. The Club is run by former member Malachi, 19, who developed his love for chess while playing at St Andrew's. Young people are enjoying the opportunity to learn chess, improving their problem-solving skills and focus, while playing a fun game with friends. Malachi loves passing his knowledge on to young people at St Andrew's.

"Ever since I was young, I have had a passion for chess. This passion has led me to where I am today, doing what I love and making a positive impact on the lives of young people".



Malachi 19, Youth Worker

GIRLS GROUP

Our weekly Girls Group is an exciting new development at the Club, that aims to improve the well-being of girls aged 9-13 to support their confidence and self-esteem as they become teenagers. The group provides young girls with a safe and open environment to make friends, grow in confidence and support each other while taking part in creative activities. The group have enjoyed: creating their own perfume; t-shirt printing; learning about skincare and much more. These sessions nurture growth, inspire creativity, develop independence, and support children's journey into adulthood.

"It's been lovely to see the teamwork and trust the girls have in each other".



Louise, Youth Worker

PROMOTING POSITIVE MENTAL HEALTH

Supporting young people's mental health is a priority at the Club, via our partnership with mental health charity MIND, we provide specialist support. Julia, the Club's Mental Health Youth Worker, attends the Club each week, helping challenge the stigma surrounding mental health, teaching children how to ask for help and providing the knowledge for young people to support themselves and each other.

Julia's dedication and expertise help make sure St Andrew's is providing the best possible support for young people.

"Promoting positive mental health for young people is more important than ever – peer pressure, social media and school life can make things tough for children and teenagers. I am here to give young people at the Club someone to talk to and additional support if they are finding things difficult."

Julia, Mental Health Youth Worker



Julia - Mental Health Youth Worker

CONGRATULATIONS SARAH!

Congratulations to ex Club member Sarah, 19, (in the red) who recently won her first Boxing match, representing Sussex University. Sarah began boxing at the Club with Coach Tom.

'Sarah joined my boxing class at The Andrew's at 15 and she showed potential straight away and you could see she was a natural! She trained with me for a couple of years, and she now represents her university. It was amazing to see her win her first fight this year'

Tom, Youth Worker and Boxing Coach

Special thanks to the Expat Foundation who have sponsored weekly boxing sessions for the last three years.

THANK A YOUTH WORKER DAY

On 2 May St Andrew's celebrated *Thank A Youth Worker Day*.

Recognising the outstanding hard work and dedication shown by the Club's youth worker team. Their commitment to enriching young lives all year round is at the heart of everything that makes St Andrew's great.



OUR FANTASTIC FUNDRAISERS

THANK YOU RUFFER!

Thank you so much to our friends at Ruffer LLP for their generous support. Over the last few months staff raised an amazing £7,000 for the Club, via a bake sale and a fantastic initiative, selling unwanted IT equipment in exchange for donations to St Andrew's.

They also kindly donated a large selection of toys to the Club for young people to enjoy. Thank you Ruffer for your outstanding fundraising efforts and ongoing support of the Club.



QUEEN ANNE'S GATE RESIDENTS

A special thank you to our friends and neighbours at Queen Anne's Gate Residents' Association, who invited our CEO Sarah and Head of Fundraising Trish to their annual party. We were delighted to be presented with a £1,500 donation to the Club.



VICTORIA BID CRACKING COMMUNITY EGGS

A massive thank you to Victoria BID for inviting St Andrew's to join the Cracking Community Eggs competition. Giving young people at the Club the opportunity to express their creativity and artistic talents by decorating giant Easter Eggs that were showcased at Eccleston Yard over Easter!



TOUGH MUDDER TEAM

Chris Sweeney has put together a team of fellow gym members and parents, who are raising money for the Club by taking part in a Tough Mudder Challenge event in May. Chris is a former member, Trustee, and personal trainer at the Club's gym – we are grateful for his endless support of the Club!

The brave team of 13 will take on the 10 mile endurance obstacle course, facing water, heights, and fire as they test themselves to their limits. If you would like to sponsor them, please follow the QR code.

"My daughter uses the club and I'd like to give something back" **Fundraiser and parent**



LAURA'S IRON MAN CHALLENGE

A massive thank you to our fab fundraiser Laura Johnson, who is taking on the Iron Man challenge in France, and aims to raise £1,000 for the Club.

TAKE ON A CHALLENGE

You can take on a challenge and support St Andrew's in 2024. From triathlons to tough mudders, there are plenty of events for you to take part in this year. All the money raised will go toward enriching young lives at St Andrew's. If you would like to take part in any of the following challenge events please email max@standrewsclub.com

- Battersea Park Half Marathon 27 July and 20 Oct
- Toughmudder West Sussex 21 or 22 September
- London Triathlon 28 July

"We had so much fun and more importantly got to fundraise for a good cause" **Challenge event fundraiser**



CELEBRATING 40 YEARS AT OLD PYE STREET

In March, St Andrew's held our annual Presidents Reception, hosted by Club President Lord Strathclyde.

This year's President's Reception was especially significant, as the Club marked 40 years at Old Pye Street. Over 80 of our amazing supporters and friends joined us to celebrate the Club's proud heritage and achievements over the years.

Guests enjoyed tours of the Club, watched a short film made by young people, and visited the St Andrew's memory gallery, a collection of photos documenting young people's memories and accomplishments throughout the years at St Andrew's. The gallery was a poignant reminder of the positive influence St Andrew's has had in the lives of so many children and young people throughout our proud 157-year history. Thank you to the young people who did an amazing job helping to serve canapes to our guests!



HOW YOU CAN SUPPORT ST ANDREW'S

DOUBLE YOUR DONATION IN JUNE

The Club will be taking part in another matched giving campaign from 4 June to 18 June. All donations made to the Club will be DOUBLED!



All money raised will go towards supporting the Clubs After School Programme, which provides young people with fun enriching opportunities throughout the academic year.

Follow the QR code to see our matched giving page and look out on social media closer to the time, to find out how you can support the campaign.

"I love I get to see my school friends at the Club. But I get to make new friends too" **Young Person**

Thanks to the Childhood Trust and a generous donor for providing the matched funds to make this all possible!



SPONSOR OUR FOOTY KIT!

We have an exciting opportunity to sponsor the St Andrew's football team's kit. Over 125 young people take part in our football programme each year. We are looking for a sponsor for next season's kit, this is a unique opportunity to support the physical health and well-being of young people at the Club. Email trish@standrewsclub.com to find out more.



To mark 40 years at Old Pye Street, we are inviting you to join Friends of The Andrew's. For as little as £4 a month (the price of one coffee) you can help enrich young lives and support the long-term stability of the Club. Become a Friend of The Andrew's by making a small regular donation, you will be helping young people in our community to thrive and making sure the Club is here for future generations.

To learn more follow the QR code.



LEGACY DONATIONS

Leave a legacy in your will to the John Scott Fund, a growing fund, established by friends and supporters of the Club, with a particular mission to provide some long-term financial security to the Club. Contact trish@standrewsclub.com to find out more.

COME AND SEE US!

We would love to invite you as a supporter of St Andrew's to come and see the Club in action. If you would like to pay us a visit please email trish@standrewsclub.com to arrange a date.



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