

# The Chronicle

Autumn/Winter 2020



150 YEARS

St Andrew's - the world's oldest youth club

## Message from the Chair

The Club, which has been open every weekday since 14 July when our successful 4-week Summer Project began, followed by the first 6-weeks of the Autumn Term, sadly closed its doors from 5 November. We are once again reverting to 'Virtual Andrew's', plus with targeted closed sessions for vulnerable members and outreach.

As you will read in this issue, the Club adapted brilliantly to the brief 'new normal': tighter security, many hygiene protocols, improved technology but still lots of fun, friendship and learning new skills for our many young members. Thank you for all your invaluable support which helps the Club enrich young lives.

Elizabeth Cuffy



## "How St Andrew's Club helped me during lockdown"

### Stanley - Youth Worker

Lockdown was an uncertain time for us staff as well as the young people. We were always kept up to date with what was going on and the staff supported each other, mainly through a youth work team WhatsApp group. During Lockdown we tried to keep in contact with as many of the members as possible.

I spend a lot of time cycling so that was a good way to do some outreach in the community, it was a good way to be able to check in with the young people in a socially distanced way, especially when restrictions started to relax slightly and the young people were able to go outside to exercise.

I also supported Westminster City Lions during an online programme which was great as I got to see how other organisations were delivering sessions online.

### Mollie - Member

Was hard to be stuck at home during Lockdown especially as I was at the end of year 10 when we went into Lockdown so I felt like I was missing out on important education during the build up to my GCSE exams. It was hard to be motivated to complete work as I missed working alongside my friends and getting ideas from each other.

Staff from the Club kept in contact with me and my brothers to check in with us. We also joined some of the online hangouts and I told the staff how I felt. We then received activities packs delivered to our house by staff, which had different stuff in them for each of us. Mine was really useful as it had notebooks and stationery in to help with my studies. It was really nice to be able to get back to the Club when it reopened!

## Autumn Term - how has the Club adapted to the 'new normal'?

### Level 1 Youth Workers – Weekly Cookery Sessions

As part of their Level 1 Youth Work Qualification, 3 members of our Youth Development Team have been delivering weekly cookery sessions each Friday evening with our young members. The trainee youth workers plan and shop for the sessions themselves.



### Half Term Programmes

As the schools closed their doors for a well-earned break, St Andrew's Club kept ours open to welcome members to fully-booked sessions. We knew from our survey to parents how important it was to continue our services during Half Term for both Junior and Senior Club members. The atmosphere at the Club was buzzing and spirits were high as members got involved with zorbing (taking social distancing to a new extreme!), arts and crafts, Deal or No Deal, slime making and pumpkin carving – capturing the true Halloween spirit. The week ended on a high, with a Halloween-themed movie session.

### Learning Loss

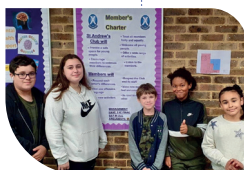
A recent Sutton Trust report concludes that lost learning is likely to lead to lost income over a twenty-year period, with those from low income backgrounds hit hardest, with significant knock-on consequences for social mobility. Although not experts in educational delivery, we have established a daily 'Homework Club', in response to members' requests. Thanks to funding from Westminster City Council, we will introduce a 'Revision Masterclass' to prepare for both mocks and final GCSEs. We will buy more expensive essential items, such as revision cards, scientific calculators and any specific text books requested by members.



Read the report here: <https://www.suttontrust.com/our-research/lost-learning-lost-earnings/>

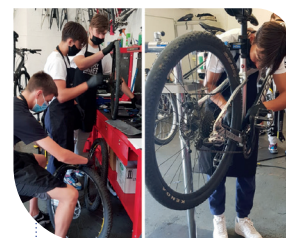
### Member's Charter

Whilst we not only encourage members' input to the Club's programmes and sessions, we also like to include them in the creation of our Club 'rules'. We never want the St Andrew's Club sessions to feel rigid or confined, so these 'rules' help ensure the Club is a comfortable, safe, and welcoming environment where everyone is free to express themselves. These basic 'rules' have been developed by members and help them feel valued and respected knowing that the staff and youth workers have their own set of 'rules' to follow too. Enter our 'Member's Charter': a point of reference for our members to use should they ever need to.



### Bike Workshop Course

In September, three of our members joined Cycle Confident at their Brixton hub for a bike workshop. The one-day course - organised by the Met Police Youth Engagement and Diversion Team - taught our three members valuable bike mechanics skills and knowledge. Because of its success, we are now looking at further accredited courses for our members to complete.



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# CLUB NEWS

## Champions for Children Christmas Challenge: 1-8 December



We are delighted to take part once again in the Champions for Children Christmas Challenge – a matched fundraising campaign run by The Big Give. Your donation will be DOUBLED during the campaign week (1-8 December) when you donate via a dedicated online portal. All donations will fund a five-day residential at London Youth's Hindleap Warren for 30 young people aged 9-14. With many from homes on tight family budgets this transformative outward-bound trip may not otherwise be affordable.

Email [lucy@standrewsclub.com](mailto:lucy@standrewsclub.com) if you would like a reminder sent when the campaign goes live.

### Amazing Funding News!

Times are hard for youth clubs - and for many young people - but we are grateful for a magnificent commitment for the next five years from the Westminster Foundation to help St Andrew's Club keep up its wonderful provision to so many local young people.



### Open Access Youth Work



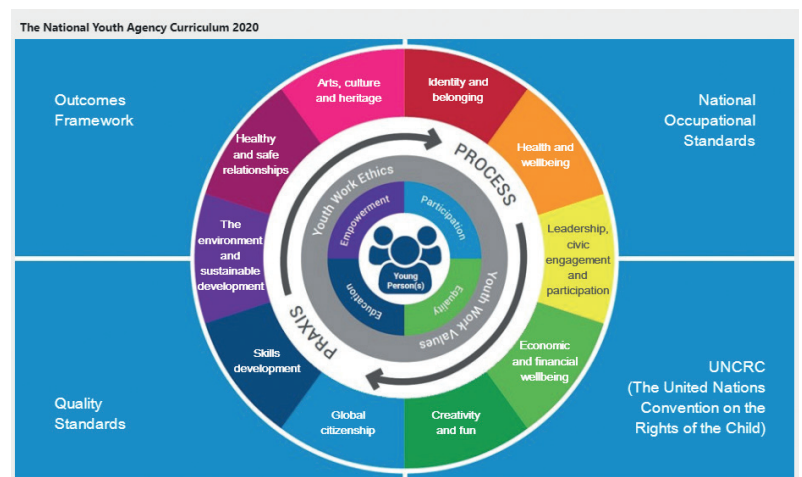
We continue to encourage the most vulnerable to engage with us, through our work with Westminster City Council's Family Hub, the Integrated Gangs and Exploitation Unit and other local agencies. This joined up approach is endorsed by an Open Access Youth Work report, by Partnership for Young London et al, which you can read here:

<https://www.standrewsclub.com/index.php/blog/open-access-youth-work>

### National Youth Work Curriculum

The new National Youth Work Curriculum has been launched! It gives a great, succinct understanding of youth work practice, provides an educational framework and acts as a reference tool to be used by decision makers, policy makers, commissioners, youth workers and young people. We have shared it with our own youth workers, and continue to deliver great youth work at St Andrew's Club, despite the many Covid-19 restrictions!

Read more here: <https://nya.org.uk/yw-curriculum/>



### Thank you Quo Vadis Soho

Special thanks to Quo Vadis Soho for providing nearly 400 wholesome meals to St Andrew's Club members during Half Term, delivered to our door. Not only were we able to feed each of the 45-60 members who attended the Club daily throughout the week, but we also provided them to any one in need living locally, including those with children on Free School Meals.

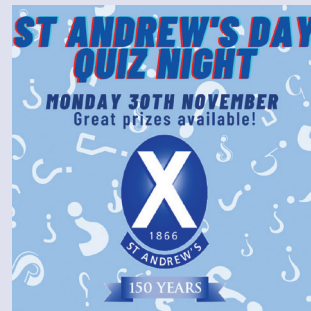
# EVENTS

## St Andrew's Day Quiz Night

During the 4 weeks of 'Lockdown 2', mass participation events will certainly be off the menu. On Monday 30 November (aka St Andrew's Day!), join us – virtually, of course – for St Andrew's Day Quiz Night and to celebrate 154 years of enriching young lives! There are three ways to take part and some fantastic prizes available.

Read more and sign up here:

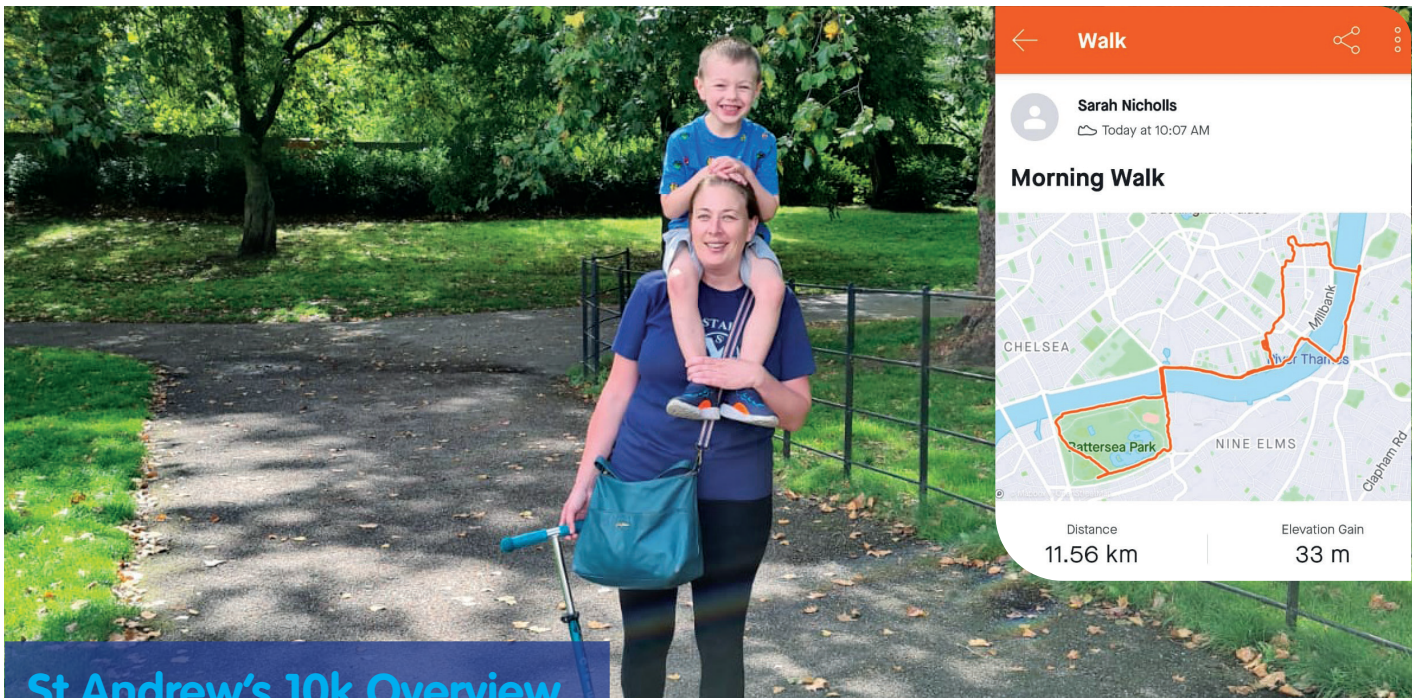
<https://www.standrewsclub.com/index.php/blog/st-andrews-dayquiz-night>



## 12 Days of Christmas!

Keep an eye out on our website, social media channel and e-newsletter for our members' own Christmas campaign! We can't all meet at our usual Yuletide Comfort and Joy, but we'd love to you to support our own virtual seasonal celebration.

Contact [lucy@standrewsclub.com](mailto:lucy@standrewsclub.com).



## St Andrew's 10k Overview

St Andrew's 10k on Saturday 5 September had 90+ participants (young, old, and even on four legs!) either walking, running or cycling 10k for the Club. We were joined from far and wide and experienced the true St Andrew's Club community spirit. Thank you to everyone who took part. You can still donate towards our walkers' efforts or read more about the event here:

<https://www.standrewsclub.com/index.php/blog/st-andrews-10k-saturday-5-september>

## Youth Work Week 2020

Youth Work Week 2020 Youth Work Week 2020 ran throughout 2-8 November and was based around theme of **'Ambitious for Youth Work!'**. Our hardworking Deputy Manager (and former member!), Adrian, explains why he is passionate about youth work (see image). Whilst 'Lockdown 2' has placed certain limitations and restrictions on how the Club functions and delivers sessions to local young people, our youth workers will continue to go above and beyond to support our members and their families in any way they can. Our Youth Club Manager, Sarah, was nominated in the National Youth Agency Youth Work Week Nominations. She is sensitive to our members' needs and sensible in her practical organisation - providing solutions to whatever issue crosses her path. St Andrew' Club and its members are proud to know Sarah, our local 'community mum'! Now needed more than ever with Lockdown 2.



## #YOUTHWORKWEEK

“I love my role as a youth worker because I enjoy building **positive relationships**, enabling young people to build their **self-esteem** and **confidence** while providing them with a **safe environment** where they can develop their **skills**. I believe this way of working helps to build **positive communities**.”

Adrian Phillips, Deputy Manager  
at St Andrew's Club



# Join our Gym

Following the Government's latest announcement, our Gym will be closed until restrictions allow. However, we are still taking details of those interested in joining. Email [naomi@standrewsclub.com](mailto:naomi@standrewsclub.com) for more information to find out how to join our fully-equipped gym for £35 per year. If you are on benefits or unemployed (proof is required), then it's £30 per year. These fees are still probably the cheapest you will find and we encourage Gym members, if you can, to give an additional donation to help support our charitable work.

**Slots** must be booked in advance and will be for 50 minutes, allowing a 10-minute clearance of the space. To book a slot and for more information, visit our website:

[www.standrewsclub.com/index.php/being-club-member/gym-member](http://www.standrewsclub.com/index.php/being-club-member/gym-member)



## How to support us

### • Regular Giving

Regular Giving allows the Club to plan securely for the future. As a Regular Giver, you will receive exclusive benefits which we are currently developing to fit in the 'new normal'.

### • Make a one-off donation

You can make a one-off donation to the Club via BACS, online through our Virgin Money Giving page, by cheque, or over the phone.

### • Sign-up to The Giving Machine and Smile Amazon – it's FREE!

Signing up to The Giving Machine and Smile Amazon are fantastic ways to donate – without costing you a penny! Once you're signed up, a percentage of what you spend with participating partners, including Sainsbury's, eBay, and John Lewis, gets automatically donated to the charity of your choice. Simply sign-up online, make St Andrew's Club your chosen charity and donate whilst you shop.

### • Gift in Will

Leave a legacy in your Will to the John Scott Fund, a growing fund, established by friends and supporters of the Club, with a particular mission to provide some long-term financial security to the Club. **Contact Annette for more information at [annette@standrewsclub.com](mailto:annette@standrewsclub.com).**

### • Fundraise for Us!

#### Royal Parks Half Marathon – April 2021

We have 2 places in The Royal Parks Half Marathon in April 2021. At 13.1 miles long, this stunning central London Half Marathon takes in some of the capital's world-famous landmarks on closed roads, and four of London's eight Royal Parks - Hyde Park, The Green Park, St James's Park and Kensington Gardens.

#### London Marathon – 4 October 2021

We are thrilled to have 1 place for the 'infamous' London Marathon 2021, on Sunday 4 October. Could you run for the Club from Blackheath to The Mall?

## Recent Fundraising Events

Following the cancellation of fundraising events in the light of COVID-19, David, Michael and Nick, decided to complete a 100-mile cycle independently. The 3-man team cycled an incredible 100 miles for the Club and raised £5,170.00 including Gift Aid!



Throughout October, Alice ran an impressive 100 kilometres (in the hilly Yorkshire Dales!) for St Andrew's Club, raising an amazing £1,043.75 including Gift Aid.



With mass participation events mainly off the menu, why not do your own challenge event; end of lockdown coffee morning; piggy bank savings by not commuting, eating out or travelling - or any other fundraising idea that takes your fancy?

**Please contact Annette, Chief Executive at [annette@standrewsclub.com](mailto:annette@standrewsclub.com) for what to do next!**

## Thanks to our Funders!

Thank you to all our Trustees, Advisers, Individuals, Corporates, Trusts, Foundations and Livery Companies who help make St Andrew's Club the precious community asset it is today. Please keep supporting us - we couldn't do it without you! Our special thanks for gifts of £5,000 or more received from grant-makers since June 2020 include: BBC Children in Need, Bennett Lowell Ltd, Bernard Sunley Foundation, The Childhood Trust, Edward Harvist Trust, Forsters LLP, Guyll-Leng Charitable Trust, Hyde Park Place Estate Charity, John Lyon's Charity, John Swire & Sons, Jupiter Asset Management, Law Family Charitable Trust, Lottery Funding via Young Westminster Foundation, The Mercers' Company, Nigel Scott Will Trust, St Giles & St George Education Charity, Westminster Almshouses Foundation, Westminster City Council, Westminster City Council Community Contribution Fund, Westminster Foundation.



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