# The Chronicle Spring 2021



oldest youth club

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# Message from the Chair

Welcome to another edition of the Chronicle, as life takes a positive step forward into Spring. We are proud to show you all the latest news and achievements from the dedicated team at St Andrew's Club who continue to offer youth work provision in so many different ways. The Albemarle Report, presented to Parliament in February 1960, gave youth work in England and Wales a rationale and framework. It was a key element in substantially increasing funding for youth work and underlining the importance of training. We are still battling each year for funding, but we are once again focused on training as you'll read below. Thank you for all your invaluable support which helps the Club enrich young lives. We hope that you will be able to visit us soon.



# **Training & Development**

Mollie, Indie, and William worked tirelessly to keep engaged and keep on track during their Level 1 in Youth Work course, which they completed in January 2021. They have made the team incredibly proud! They put some of their learning into practice by leading a Friday night cookery session for some of our younger members when the Club was open. As Peer Researchers, all three received training from Young Westminster Foundation (YWF) and were part of the Needs Analysis survey design process. They spent some months interviewing their peers and feeding back to YWF: a much more accurate way of gaining young people's views. Mollie was then invited to join the YWF's grant panel – hers was an extremely valuable youth voice on projects which could be funded.

Eight of our Youth Development Team have recently undertaken the 'Next Stage' Mousetrap theatre project course, providing the opportunity to take part in employability coaching: CV writing and interview preparation, as well as valuable life skills: communication, problem solving, conflict resolution and goal setting. The course led through games and techniques which our Youth Development Team can now use with our members.

# <image>

Level 1 in Youth Work Achievers

# **Other Staff Training:**

Our fantastic Youth Club Manager, Sarah, has successfully completed Year 2 of her 3-year degree course (BA Hons Children, Young People and Families).



The whole Youth Worker team took part in a 2-part Outreach Training delivered by our partner Youth Hub, Future Men. See photo below.







# What has the Club been up to during lockdown?

Since lockdown 3.0 began in January, the Club has adapted to the 'new normal' whilst continuing to provide support and sessions – where possible – for our members. Our fantastic team of youth workers has continued working tirelessly behind the scenes, from preparing and distributing activity and recipe packs, to making check-in phone calls with families. "Virtual Andrew's" was revised and is updated regularly. It offers a wide variety of resources, both educational and entertaining. Youth Club Manager, Sarah, and Deputy Manager, Adrian, combined their experience in the youth sector with third-party organisations to gather an informative, interesting and helpful selection of links to share. Visit our website: https://www.standrewsclub.com/index.php/being-club-member/virtual-andrews

Want to see how the Club operates day-to-day during lockdown? Check out Sarah's 'Week in the Life at St Andrew's Club': https://www.standrewsclub.com/index.php/blog/week-life-standrews- club

## 1:1 Football Sessions

Following strict government guidelines and safety measures, David and Stacey – two of the Club's brilliant Football Managers – have provided 1:1 football sessions with members, enabling those who have struggled without exercise and sport due to lockdown to blow off some steam, practise their skills, and have some fun!

#### **Fitness with Tom**

Youth Worker and PT, Tom, has filmed pre-recorded fitness sessions and challenges which are posted across our social media channels weekly. Tom's challenges have varied from running a mile as quickly as

possible, to completing as many press-ups as you can in 1 minute. The aim of Tom's fitness challenges has been to encourage members to get outdoors, utilise the hour of outdoor exercise permitted each day, and keep active.



#### **Easter Programme**

Following advice from the National Youth Agency, we are thrilled to be running our Easter Programme for two weeks over the Easter period. Our team of dedicated youth workers is excited to see some familiar faces and have fun back in the Club with our members once again!





Cookery with Louise has progressed since lockdown 1.0, evolving from pre-recorded weekly sessions to live weekly sessions held on Zoom. Louise's cookery sessions have been a great hit and they have allowed members not only to cook an exciting new dish each week, but it has also given them the opportunity to catch up with one another and socialise from the safety of their homes.



#### **Fun and Activities**

Other sessions have included live quizzes, hosted by Edson, and fun and games sessions hosted by Amina. The closure of both schools and youth clubs has been devastating for young people. Stripping away their ability to socialise with friends, many young people have struggled to cope. These sessions aim to provide our members with entertainment and a familiar face and voice of trusted youth workers.

"I haven't been able to see my friends during COVID, but thanks to St Andrew's I have been able to do weekly live cookery lessons, this has helped me cope by seeing my friends online – thank you St Andrew's!"



"I found lockdown really difficult because I didn't get to see my friends or my teachers. The Andrew's have done a lot for me, they've entertained me through cookery & by giving me a pack of arts & crafts. They've really helped me." Tiana, aged 9

# President's Reception, Thursday 18 March:

We were thrilled to receive such a fantastic response to our first – and hopefully last – virtual President's Reception on Thursday 18 March. CEO, Annette, kicked off the event with a warm welcome to our over 70 guests and introduced the Club's wonderful President – Lord Strathclyde. He described the Club as an "extraordinary, welcoming place with a happy atmosphere". Councillor Jonathan Glanz, Lord Mayor of Westminster, praised the role of the Club and proposed a toast to St Andrew's Club. Sarah, Youth Club Manager, and David, Youth Worker and U11s' football manager talked about our transition from physical to virtual sessions. Endearingly, three of our younger members

150 YEARS St Andrew's - the world's oldest youth club

shared how Covid-19 has affected their lives. A massive thank you to all those who attended and showed your support to the Club – we can't wait to (hopefully) welcome you to a physical event in the near future!





#### St Andrew's Club Board of Trustees

Goodbye and thank you to John Rhodes for six years of great service. He will be greatly missed!

We would also like to officially welcome James Bardolph and Colin Hammond to the board. Both James and Colin are former members of the Club and an integral part of the community. They both know how important the Club is for local young people and we are excited to have them on board!



## Thank You, Brigadier and Kitchen Social!

The Club would like to say a huge thank you to Kitchen Social and Brigadier Restaurant for collectively providing St Andrew's Club with 80 hot meals per week, which are then distributed by youth workers amongst the local community. We are so grateful for your generosity and support during these difficult times!



#### New Trustee, James, reminisces about the Club

"During my early teens, I was a regular member at St Andrew's Club. I took part in karate, learned archery, played basketball and many other games, I even completed the famous 30-mile sponsored walk! The Club proved to be a great place to make friends, get out of the house and be in a safe environment. We didn't have money for video games at home so the Club's arcade cabinet was pretty important in developing my love for gaming, and being able to practise and improve my skills. I have fond memories of being too small to clear the swimming pools on the Pac-Land arcade machine and having to get the 'older

lot' to do them for me. Fast forward to now and video games have become a vital part of my life, I am now part of a successful professional gaming platform, travel world the as a broadcaster and personality within professional gaming, and commentate the professional gaming circuit. So, all that practice seems to have paid off!"



#### **Remembering Lord Selborne**

It was with great sadness that we learned of the death of The Earl of Selborne GBE FRS DL, on 12 February 2021, aged 80. Lord Selborne was President of St Andrew's Club from 2014 to 2019, when Lord Strathclyde took over as President and Lord Selborne returned to being Vice President, a position he had held for over 30 years, thus maintaining a continuity of marvellous involvement in St Andrew's Club by the Selborne family, since the Club's earliest beginnings. He is remembered by many at St Andrew's Club as warm, thoughtful and gentle, listening to others' thoughts before casting his own (which were always very insightful). We extend our deepest condolences to Lady Selborne and her family. He is sadly missed.



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# **Importance of Regular Giving**

These uncertain times have highlighted the importance of our Regular Givers. A regular gift allows St Andrew's Club to plan for the future knowing that we will have a steady income stream that we can rely on, whatever the external circumstances. By pledging a regular gift, you will help St Andrew's Club not only survive but thrive. Gift Aid could make your donation worth 25% more. Our Regular Givers receive regular invitations to Club events and receptions, which we continue to plan for when that part of life resumes. Please contact porsche@standrewsclub.com for more details.



# Upcoming Events/Fundraise for Us!

#### **Run the London Marathon for** St Andrew's Club!

We are thrilled to have 3 virtual places for the famous London Marathon 2021.

Take place virtually in the world's greatest marathon, on a course of your choice, from 00:00:00 to 23:59:59BST on Sunday 3 October, wherever you are on



the planet! If you are interested in running the London for St Andrew's Club, please email lucy@standrewsclub.com.

With mass participation events mainly off the menu, why not do your own bike ride; end of lockdown coffee morning; piggy bank savings by not commuting, eating out or travelling - or any other fundraising idea that takes your fancy? Please contact Porsche, Head of Fundraising at porsche@standrewsclub.com for what to do next!

#### Thank you to all our Trustees, Advisers, Individual Supporters, Corporates, Trusts, Foundations and **Livery Companies**

who help make St Andrew's Club the precious community asset it is today. Please keep supporting us - we couldn't do it without you! Our special thanks for gifts of £5,000 or more received from grantmakers since November 2020 include: The Childhood Trust, Dudley & Geoffrey Cox Charitable Trust, Forsters LLP, Guyll-Leng Charitable Trust, Inner London Magistrates Courts Poor Box Charity, Land Securities Westminster Fund via London Community Foundation, Leathersellers' Company Charitable Fund, Schroder Charity Trust, Westminster City Council, Westminster City Council Community Contribution Fund, Young Westminster Foundation.

"One of the positive parts of last year for me was building closer links with the youth hubs and getting to know you. It has been inspirational to see the work you do at St Andrew's for the local community and now the connection with the Family Hub is really positive." Jayne Vertkin, Head of Early Help, City of Westminster

# Thinking of fundraising for the Club?

Last vear Edward Osborne, Director at Tuckerman Residential, ran the Vitality Big Half Marathon alongside two of the Club's youth workers - Tom and Noah. Collectively, they raised an outstanding £2,924 for the Club! Edward describes how rewarding the experience was: "Running the Vitality Half Marathon last year was a fantastic experience and a memory I will never forget. Not only is it a physical challenge, but it's a mental one too. The money raised by Tom, Noah and me for the Club made it even more special and provided that extra motivation as we knew how positively it'd impact the Club, its members and the local community. I strongly recommend taking part in a fundraising challenge event, but make sure you train and run more than 5k before taking part!"





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