

# The S.T.A.C





# TABLE OF CONTENTS



**03** FOOTBALL FUTURE STARS

**04** FOOTBALL ROUND UP

**05** BOXING

**06** HINDLEAP

**07** HINDLEAP QOUTES

**08** GOLD AWARD

**09** THE SAINT

**10** GET IN TOUCH





# THE FUTURE STARS

**OUR LADIES FOOTBALL TEAM HAS BECOME THE ANDREW'S FIRST ALL FEMALE TEAM TO JOIN AN OFFICIAL LEAGUE. THE TEAM ARE SHOWING THEIR SKILLS AND WHAT THEY LEARNT IN TRAINING. THE LEAGUE INCLUDES MUCH MORE EXPERIENCED TEAMS, BUT THAT HASN'T STOPPED THEM GIVING THEIR ALL AND IT'S PAYING OFF. WE ARE SO PROUD OF YOUR GIRLS TEAM INSPIRING THE NEXT GENERATION OF FEMALE PLAYERS AT THE CLUB. THE TEAM'S COACH STACEY HAS DONE AN AMAZING JOB, MAKING THE TEAM NOW FEEL MORE LIKE A FAMILY, CREATING SUCH A STRONG BOND ON AND OFF THE PITCH. THE TEAM TRAIN ON SATURDAYS AT REGENTS PARK AND WE ARE ALL SO PROUD AND EXCITED TO SEE HOW FAR THEY CAN GO!.**



**THIS WINTER SEASON, THE ANDREW'S CLUB HAS STARTED A JUNIOR FOOTBALL SESSION FROM THE AGES OF 5-9 CALLED 'MINI BALLERS'. EACH SESSION HAS GROWN IN POPULARITY WITH MORE MEMBERS COMING EVERY TUESDAY. WE AT ANDREWS THINK IT'S CRUCIAL THAT COACHES MAKE PRACTICES FUN WHILE COACHING 5-9'S. BEING A PART OF THE SESSION HAS ALLOWED THEM TO MAKE NEW FRIENDS, IMPROVE THEIR SKILLS, TO EMULATE THEIR ROLE MODELS WHETHER ITS RONALDO, MESSI OR EVEN THEIR OLDER SIBLINGS. MINI BALLERS ALSO TEACHES OUR YOUNGER MEMBERS THAT IT'S OKAY TO LOSE AND HOW THEY CAN TURN IT AROUND INTO A WIN "AS WE ALL DO LIKE WIN".**



## **ST ANDREW'S TRAIL BLAZING GIRLS TEAM!**

- 95% OF BOYS AGED 10 PLAY FOOTBALL COMPARED TO ONLY 41% OF GIRLS**
- ONLY 3% OF MINI SOCCER TEAMS ARE GIRLS ONLY**

# ***FOOTBALL ROUND UP***



## **LAST 3 GAMES**

### **St.Andrew's Women U17s**

ST.ANDREW'S VS ANANDAPPA FC 12-10 **W**

LONDON BALLERS VS ST.ANDREW'S 15-10 **L**

ST. ANDREW'S VS HAGGERSTON DRAGONS 6-10 **L**

### **St.Andrew's Mens**

ST.ANDREW'S VS EARLSFIELD FC 3-2 **W**

SW LIONS VS ST.ANDREW'S 1-3 **W**

ST.ANDREW'S VS IMPERIAL WHARF 5-1 **W**

### **St. Andrew's U12s**

ST. ANDREW'S FC VS WESTSIDE 3-0 **W**

ST. ANDREWS FC VS  
BROOMWOOD HARRIERS 0-1 **L**

CLAPHAM RANGERS VS ST. ANDREW'S  
3-5 **W**

### **St. Andrew's U15s**

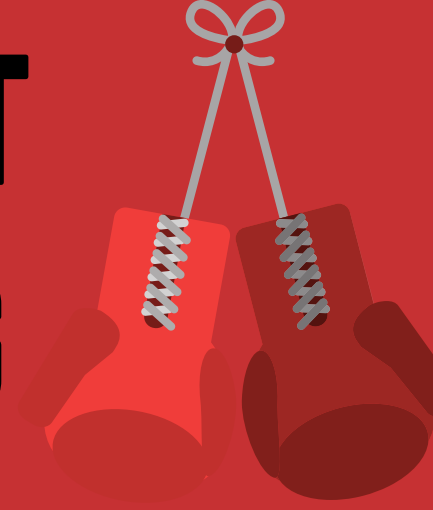
PETTS WOOD VS ST.ANDREW'S 0-3 **W**

ST.ANDREW'S FC V OLD WILSONIANS  
FORBES  
QUARTERFINALS 1-2 **L**

ORPINGTON ROVERS VS ST ANDREW'S  
CUP MATCH 0-2 **W**



# BOXING AT ANDREW'S



OVER THIS WINTER SEASON BOXING AT THE CLUB HAS BECOME A GROWING SUCCESS. TOM, WHO IS OUR BOXING COACH LEADS THE SESSIONS EVERY MONDAY AND TUESDAY, THE SESSIONS START FROM THE AGES OF 10 AND UP. EVERYONE IS WELCOME, JUST BE READY TO SWEAT, PANT AND ULTIMATELY HAVE LOADS OF FUN. WE ALL KNOW THE GREAT PSYCHICAL BENEFITS BOXING HAS TO OFFER, HOWEVER THE MENTAL HEALTH BENEFITS BOXING OFFERS ARE JUST AS AMAZING. TOM HAS CREATED SUCH A DISCIPLINED BUT FUN SESSION WHERE IT HAS ALLOWED OUR MEMBERS TO GAIN SELF-ESTEEM, RELEASE SOME PENT-UP ANGER IN A SAFE PLACE AND ITS ALLOWED TO YOUNG MEMBERS TO DISCOVER THEMSELVES.

WHEN THE SONG SAYS BRING SALLY DOWN, YOU GO TO THE BOTTOM OF A SQUAT AND HOLD UNTIL YOU HEAR “BRING SALLY UP” THEN YOU STAND. REPEAT TO THE COMPLETION OF THE SONG.



# HINDLEAP THE GREAT OUTDOORS

**DURING THE OCTOBER HALF TERM OUR YOUNG MEMBERS AND SOME STAFF WERE FINALLY ABLE TO GO ON OUR DELAYED RESIDENTIAL TRIP TOGETHER. THE CLUB WENT TO HINDLEAP WARREN IN EAST SUSSEX FOR FIVE DAYS WHERE THEY GOT TO PART TAKE IN SOME FUN AND VERY MUDDY OUTDOOR ACTIVITIES INCLUDING ZIP LINING, ROCK CLIMBING AND A HIGH ROPE COURSE (SO IT DEFIANTLY TESTED YOUR PHOBIAS OF HEIGHTS). EACH MEMBER CONQUERED EACH CHALLENGE THAT WAS THROWN AT THEM AND HAD A FANTASTIC TIME.**



**RESIDENTIAL TRIPS HAVE A POSITIVE EFFECT ON YOUNG MEMBERS SELF-ESTEEM AND CONFIDENCE LEVELS, THEREBY IMPROVING THEIR EMOTIONAL HEALTH AND WELL-BEING. THE IMPORTANCE OF ALLOWING THE YOUNG MEMBERS TO EXPLORE THEIR ENVIRONMENT, TAKE RESPONSIBILITY FOR CREATING THEIR OWN FIRE AND GENERALLY SUSTAINING THEMSELVES WITH MINIMAL OBVIOUS ADULT INTERVENTION IS SIGNIFICANT. RESIDENTIAL TRIPS OFFER A UNIQUE OPPORTUNITY FOR THEM TO CLAIM THEIR INDEPENDENCE, MAKE THEIR OWN DECISIONS AND BUILD NEW FRIENDSHIPS. UNDOUBTEDLY, HINDLEAP HAS TAUGHT OUR YOUNG MEMBERS THAT IT IS OKAY TO BE SCARED OF CHALLENGES BUT THAT THEY CAN TACKLE THEM AND CONQUER THEM. WE CANT WAIT FOR THE NEXT TRIP!**



**"MUDDY AND WET WHO CARES I AM HAVING FUN MY BEST EXPIERNCE YET "**





# What Hindleap taught me

**I KNOW I CAN  
FACE MY FEARS**

**I KNOW I CAN DO  
THINGS THAT SCARE  
ME**

**I KNOW I CAN  
CHALLENGE  
MYSELF**

**I KNOW I CAN BE  
MORE CONFIDENT**

**I KNOW NOW THAT I  
CAN ASK FOR HELP AND  
IT IS NOT A WEAKNESS**

**I KNOW I AM  
STRONGER THAN I  
THINK**

**I have realized that  
people are there for you  
and encourgment is a  
powerful thing**



# THE GOLD AWARD

**THE CLUB IS SO EXCITED THAT WE HAVE RECEIVED THE PRESTIGIOUS GOLD QUALITY MARK FROM LONDON YOUTH, ITS FLAGSHIP QUALITY ASSURANCE PROGRAMME. THIS WILL KEEP MOTIVATE THE CLUB MORE TO CONTINUE TO PROVIDE THE BEST POSSIBLE OPPORTUNITIES FOR OUR MEMBERS. WE ARE ONLY THE 14TH YOUTH PROVISION TO ACHIEVE THIS REWARD.**



**A HUGE THANK YOU TO ALL OUR MEMBERS, STAFF AND SUPPORTERS WHO HAVE MADE THIS POSSIBLE, AND THE BIGGEST THANK YOU HAS TO GO TO OUR YOUTH CLUB MANAGER, SARAH NICHOLLS. WITHOUT SARAH DOING ALL THE WORK TOWARDS THE GOLD AWARD, WHILST ALSO COMPLETING HER OWN DISSERTATION FOR UNIVERSITY, THE CLUB WOULD NEVER HAVE ACHIEVED THE GOLD AWARD. EVERYONE ASSOCIATED WITH ST ANDREW'S SHOULD BE SO PROUD OF THEMSELEVS AND EVERYONE AT THE CLUB!**



**London  
Youth**  
QUALITY MARK  
GOLD ACCREDITED  
**2021-24**



# The Saint

THE SAINT IS AN OLD MEMBERS MAGAZINE THAT HAS BEEN AROUND FOR LONGER THAN 30 YEARS, A MASSIVE ACHIEVEMENT. READING SOME OF THE STUFF THAT WAS WRITTEN BACK IN THE DAY IS HILARIOUS.

THE SAINT IS THE S.T.A.C'S BIGGER AND A BIT MORE OLD FASHIONED BROTHER

address words of good feeling and good sense, with good taste and good effect to a public assembly, and if I may venture to use a term which some will understand but probably not all—you could not have a better exhibit than has been made to-day of the work of the Institution.

I will only add one thing more, I feel particular pleasure in having been asked to take the part I have done to-day, because some who are very dear to me have taken a much more effective and more active part and useful than I have been able to do in the work of this Institution. I mean my good son-in-law, Mr. Biddulph, whose wife I can assure you entirely sympathises with him in it. I have had many proofs of the way in which his feeling for the Institution, his endeavour to promote its objects, and his affectionate interest in those who take part in it, are appreciated by them. I can only say that if any man would wish to make himself happy by surrounding himself with signs of affection and regard from those to whom he endeavours to do good, I can only recommend him to follow the example of Mr. George Biddulph.

LORD MORLEY.—My Lords, Ladies, and Gentlemen: I have been asked before we conclude to say a few words, which I am sure will be received with acclamation by you all—to express on behalf of you all the sincere thanks and the gratitude which the Institution owes to that gentleman who has been mentioned by the Lord Chancellor, I mean Mr. George Biddulph. I do not know quite why I was selected to perform this agreeable task, except that I have had the pleasure of being on the committee of this Home, I believe almost from the first, though I am afraid I cannot claim any credit for having given my time or personal liberty to it. I believe the admirable work you have heard of to-day is in a very great measure due to the labour of love of Mr. George Biddulph, and I am perfectly certain I shall obtain an enthusiastic response in expressing in the most sincere manner the gratitude of the Home for the time and labour which he has devoted to this work. I beg to move a vote of thanks to Mr. Biddulph.

Mr. PHILLIMORE.—My Lords, Ladies, and Gentlemen: I cannot lay a claim to the position of one of the original committee, but though not one of the original members, I was one of the earliest members of the first Institution, and the reason why I have pleasure in seconding the vote is as an act of homage to Mr. Biddulph. He has succeeded where I must say we failed. We struggled on, most of us young, none of us rich, we got all the money we could, and struggled on. But for a time there was a temporary eclipse, and the Home closed. Other friends then came forward and took up the only shortly broken link, and the most active and successful, the man who has managed the whole thing to a great extent and brought it to the present satisfactory state, is Mr. George Biddulph. I render him the homage. He has made the Institution the flourishing Institution it is, and attracted all your sympathies and interest in the matter, and I hope it may continue to flourish as it has done.

Mr. BIDDULPH.—My Lords, Ladies, and Gentlemen: I can only thank you most heartily for your kindness in echoing the words which the Lord Chancellor and Mr. Phillimore and Lord Morley have spoken of me, but I can only say that it has been one of the happiest days of my life, when I can look back to the foundation of a Permanent Home for Working Boys being laid as it has been this day. I may say that if anybody would like to contribute to the £2000 deficit I should be very happy to receive their contributions.

We are happy to announce that upwards of £400 has been subscribed since the laying of the foundation stone, towards the deficit of £2,400 on the building fund. Contributions may be sent to Mr. G. T. BIDDULPH, 43, Charing Cross, W.C.

## THE CHRONICLE:

A MONTHLY RECORD OF

*S. Andrew's Home & Club for Working Boys.*

The editors appeal for increased support for the *Chronicle*. This little paper has been provided for the purpose of chronicling passing events at the Home and Club. During the twelve months which have elapsed since its foundation, it has been the means of drawing a closer bond of union between the subscribers and the good work which they are carrying on, as well as of attracting new friends to the Home. In order to make it self-supporting, it is necessary to have 250 annual subscribers of two shillings each. While thanking those who have hitherto supported us, we would press upon them the importance of increasing its circulation, as far as lays in their power, as each new subscriber to the *Chronicle* means really a new friend for the Home. Subscriptions may be sent and all communications should be addressed to—

“Geo. L. Lingstrom,  
“40, Gerrard Street,  
“Soho, W.”

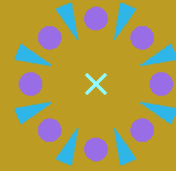
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# How to get in contact with us



**St Andrew's Club**

youtube.com



**ST andrews on TikTok**

@st.andrews\_ 41 Followers, 25  
Following, 117 Likes - Watch...

tiktok.com

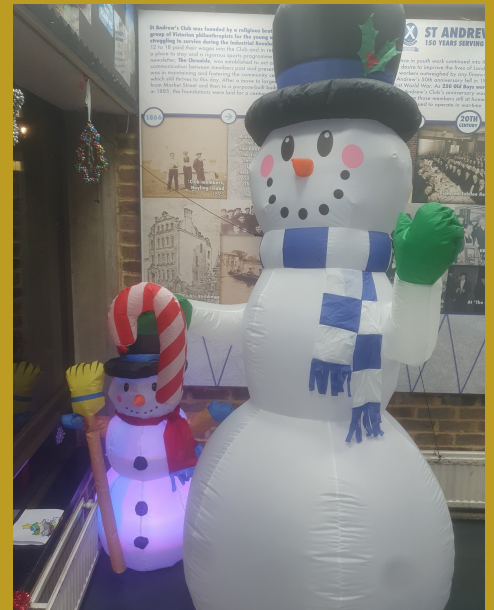


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St Andrew's Club (@st.andrewsclub) •  
Instagram photos and videos

**THE CLUB CAN NOT WAIT  
TO WELCOME EVERYONE  
BACK. WE SHALL BE  
OPENED FROM 10TH OF  
JANUARY IF YOU DO HAVE  
ANY QUESTION PLEASE  
FEEL FREE TO MESSAGE US  
ON ANY OF OUR  
PLATFORMS. WE ALL HOPE  
YOU HAD A MERRY  
CHRISTMAS & HAPPY NEW  
YEAR!!!!**



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